Introduction & CV - Parker

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Summary - Charles Parker, D.O. | drcharlesparker@gmail.com | 757.560.5625 - Text first

Dr. Parker is Child, Adolescent and Adult Psychiatrist, certified by the American Board of Psychiatry and Neurology for Adult Psychiatry, completed medical school at the Philadelphia College of Osteopathic Medicine, Adult Psychiatric training at Albert Einstein Medical Center in Philadelphia, then next completed a Fellowship in Child and Adolescent Psychiatry at Hahnemann, now a part of Drexel University in Philadelphia, where he served as Chief C&A Resident. He also completed psychoanalytic training with the Philadelphia Association for Psychoanalysis and is certified by the Nuclear Regulatory Commission to use SPECT brain imaging to target specific functional brain challenges - and taught SPECT in Philadelphia.

His comprehensive medical perspectives include many levels of psychiatric experience, including an ongoing special interest in treatment failure and measured biomedical conditions that often impair predictable medical intervention strategies. He is experienced as a personable team player in providing comprehensive medical care through outpatient, partial, hospital and residential care systems with years of experience as an on-site and remote medical team provider and administrator. His several senior administrative experiences [see the CV] served as his best lesson-plans on the importance of responsible teamwork and feedback within each system. Effective feedback strategies at every level comprehensively address less apparent complexity. Complexity requires synergic team communication.

His many years [since 1987] of substance abuse practice, recovery systems consultations, and clinical experiences in working within the field of addiction medicine, both programmatic and outpatient, led him to write *Deep Recovery* in 1992. *Deep Recovery* - https://amzn.to/3aBt8tt - addresses essential often overlooked clinical challenges, alive these many years later, regarding identifying and treating individuals with addiction/recovery/codependency issues. He works to understand and target the complex array of underlying contributory issues in every clinical-dependency review. Balanced self-management and relationship consistency with both staff and patients build essential trust and recovery-team predictability.

After more than twenty years of inter [Spain, France, England] & national pharmacologic teaching & podcast [CoreBrain Journal] experience with psych providers Parker provides a considerable experience for the process of understanding medical management details. In 2012 he wrote *New ADHD Medication Rules: Brain Science and Common Sense* - https://amzn.to/37J5QzM - to accurately address diagnostic and treatment complexities for Executive Function beyond the behavioral labels of "ADHD." Parker's mission: each medication treatment objective identifies *mutually-assessed and numbered clinical markers based on brain function – discussed in an understandable way so that all treatment participants concur and explicitly report on those specific treatment objectives*. Patient education regarding precise treatment objectives and outcome expectations provides reassuring communication tools for each re-evaluation. For further info see his YouTube Channel: http://corepsych.com/youtube

Dr. Parker loves the outdoors, was an Eagle Scout, and currently is a non-recovering fly fisherman, who ties his own flies and fishes for stripers with a flyrod on the Penobscot Bay in Midcoast Maine. He loves to catch what's deep and can't be seen.